



Invite Marilyn

as the speaker for your next event
and make it a memorable one!

Marilyn Taylor is a dynamic speaker, passionate life coach, and energizing facilitator. She is the owner of **Confident Directions Life Coaching**, offering presentations, keynotes, seminars, and retreats to both the private and business sectors. Her easy style and comfortable approach make her a sought-after speaker in the fields of inspired living and wellness. • She is an enthusiastic guide, creating moments of insight, igniting the spark of possibility for a more meaningful, authentic life. Marilyn encourages her audiences to empower themselves to harness their strengths and live a productive, less chaotic life through awareness, alignment, and action.

Recent presentations include the following...

- **10 Practices of Personal Sustainability**
- **Power Surge: Four Steps To Discover / Harness The Power To Move Forward**
- **Finding Strength in Vulnerability**
- **Building Your Vision, Executing Your Goals**
- **Radical Renewal. Taking the Reins of Your Runaway Life**
- **How Do You Measure Success? Examine a Year in Your Life**
- **Skills and Strategies to Sustain Your Energy to Life and Work**

Presenting, for her, just comes naturally, which puts the crowd at ease and helps open your mind to new potential.

Her ability to create meaningful, memorable, and humorous anecdotes is another true gift.

With warmth and kind appraisals, her lessons are powerful and directive with a take-action winning spirit!"

*—Tim St. Amour
Freelance Capabilities*

Confident  Directions

Life Coaching For Life's Journey

Marilyn Taylor
Certified Life and Wellness Coach

confident-directions.com
marilyn@confident-directions.com • 508-460-0044

**Here's a sample of some organizations and locations
where I have been invited to present a workshop
or keynote address, or to facilitate a retreat**

The Gathering Inn Retreat Center, Hubbardston

UMass Medical Center, Worcester

Natural Living Expo, Sturbridge and Marlboro

The Healing Garden, Harvard

Garden in the Woods, Framingham

The Natural Healing Center, Westboro

Pilgrim Church, Southboro

Eastover Retreat Center, Lenox

Shrewsbury Rotary Club, Shrewsbury

Thrive Institute, Worcester

Shrewsbury, Southboro and Worcester Senior Centers

Worcester Telegram & Gazette Expo

Metrowest Conference for Women

Founder/Facilitator

The Wellness Roundtable Holistic Practitioners Network

Creator/Facilitator

Annual Spring Women's Conference

The Rich Life Retreat Series (with co-creator Gail McMeekin)

Focused 40: Forty minutes to enrich your relationship to life and work

Get it Shakin'! Move Your Life Forward, Step by Step

Radio Host

"Spirited Women" on Amazing Women of Power Radio Network

Author

10 Practices of Personal Sustainability

The Savvy Person's Guide to Conscious Living

Confident Directions Life Coaching Cards

Empowering You To Be Calm, Clear, Confident, and Courageous

"Thank you for your workshop and inspiration—you have touched both the head and the heart. We'll be sure to bring you back to help us transform into our most loving selves."

"...helpful, supportive, and inspiring. You are a facilitator-coach-goddess."

"A masterful facilitator!"

"Your gentleness, kindness and non-judgmental spirit provided a safe refuge for me."

"Thank you for pursuing and sharing this path of enlightenment and healing. You are a gift to so many world weary souls."



Take a breath • Change a thought • Engage in action